

West Boylston Council on Aging Board Meeting

January 8, 2009

Meeting was called to order by chair Fran McHugh at 6:07 PM. The Secretary's Report was approved as written.

Marcia presented an emergency information questionnaire, which she would like to send out in the next newsletter. A motion was made and seconded, to send the questionnaire in the next newsletter. The information will be kept in Marcia's file cabinet and used only in an emergency. Marcia presented statistics for December, she stated numbers were down due to the storms that occurred in December, and closing the Senior Center when they hit. Marcia reviewed upcoming programs including; The Importance of Movement as we Age, Diabetic Support Group, Heart Health, Celebrity Lunch, Keep Safe Keep Warm Program, Pace Program, Fuel Assistance, and Maintain Your Brain Program.

Marcia distributed information on the Beacon Hill Village Program, and asked that it be read, and to discuss it at the next meeting. Marcia announced Town Administrator, Leon Gaumond, announced a freeze on spending, hiring, and raises.

In old business, 2009 goals were reviewed; #5A was reached on a consistent basis with 2 wellness programs scheduled each month. Marcia suggested looking for more people to serve as Associate Members. Marcia continued to work on a survey concerning needs and wants of the seniors in West Boylston. Marcia reported, she has not heard from Boylston Council on Aging in reply to her letters and telephone calls. She will make an other attempt, and try to talk to the Shared Services Committee as well.

In new business, the board discussed the need to solicit letters from seniors on what the Senior Center has done to help them, and how it impacts their lives. No decision on how to do this was reached.

Meeting Adjourned 7:45PM